

Middlesex Young Athletes League

Match held at Harrow

On 31/05/26

Club	Barnet & D	Harrow	Ealing S&M	Enfield & Har.	Highgate	London Heath.	Ealing Eagles	Shaftesbury BH	Thames Valley	Track Academy
Club Letters	A	B	C	D	E	G	H	J	K	L
Scores - Boys Under 12	3	6	9	7	8	10	2	12	4	5
Scores - Boys Under 14	5	10	7	3	9	8	2	12	6	4
Scores - Men Under 16	6	7	8	5	9	12	2	10	3	4
Scores - Girls Under 12	3	7	8	5	10	9	2	12	4	6
Scores - Girls Under 14	4	8	8	5	6	10	2	12	9	3
Scores - Women Under 16	6	8	10	7	4	12	0	9	3	5
Total club points score	27	46	50	32	46	61	10	67	29	27
Match Positions	8	4	3	6	4	2	10	1	7	8

## MIDDLESEX YOUNG ATHLETES LEAGUE UNDER 12 GIRLS

Team	Score
A Barnet & D	34
B Harrow	87
C Ealing S&M	118
D Enfield & Har.	65
E Highgate	156
G London Heath.	131
H Ealing Eagles	23
J Shaftesbury BH	191
K Thames Valley	50
L Track Academy	72

Team			Performance	
75	115	<b>U12 Girls A1 75m</b>	Wind speed = -1.7	
J	1	Temí Jaiyeola	Shaftesbury BH	10.58 18 A
120	2	Princess Shogbesan	Enfield & Haringey	11.55 0 A
96	3	Evie Ghobagian	Ealing S&M	11.70 0 A
C	4	Zarah Farr	Ealing S&M	11.81 10 A
E	5	Florence Phillips	Highgate	12.07 8 A
A	6	Demmi Sydenham-Williams	Barnet & D	12.76 6 A
K	7	Honor Hood	Thames Valley H	12.83 4 A
148	8	Anouk Trang Hespel	Highgate	13.08 0 A
75	116	<b>U12 Girls A2 75m</b>	Wind speed = -1.1	
L	1	Beau Rocque	Track Academy	10.47 20 A
D	2	Queen Shogbesan	Enfield & Har.	10.64 16 A
B	3	Kaliah-Rose Browm	Harrow	10.78 14 A
G	4	Lizzie Paitoo	London Heath.	11.08 12 A
132	5	Izabella Onah	Enfield & Haringey	11.22 0
296	6	Sinatra Connolly	Track Academy	12.32 0
H	7	Catherine Conan	Ealing Eagles	13.16 2 A
8	8	Charis Quniby	Barnet & D	15.03 0
75	117	<b>U12 Girls B1 75m</b>	Wind speed = -1.7	
JJ	1	Valentina Bjerg	Shaftesbury BH	10.75 10 B
LL	2	Neveah Scott	Track Academy	11.00 9 B
BB	3	Nehima Kyere-Aidoo	Harrow	11.03 8 B
DD	4	Sonari Onkonkwo	Enfield & Har.	11.66 7 B
CC	5	Ella Crosby	Ealing S&M	11.85 6 B
EE	6	Daphne de Lagarde	Highgate	12.18 5 B
GG	7	Maya Odulate	London Heath.	12.41 4 B
AA	8	Sunny Shaw	Barnet & D	12.84 3 B
75	118	<b>U12 Girls B2 75m</b>	Wind speed = -1.1	
254	1	Gabriella Mensah Stapleton	Shaftesbury BH	11.39 0
255	2	Christina Mensah Stapleton	Shaftesbury BH	11.45 0
230	3	Kaiya Lloyd	Shaftesbury BH	11.52 0
117	4	Avery Anifowoshe	Enfield & Haringey	11.92 0
115	5	Dadiva Chiquete	Enfield & Haringey	12.03 0
277	6	Tolu Adekunle	Shaftesbury BH	12.08 0
116	7	Maisha Ntinizi	Enfield & Haringey	12.30 0
HH	8	Alva Nisser	Ealing Eagles	13.13 2 B

1200	101	<b>U12 Girls A 1200m</b>				
J	1	Amelia Wilkes-Turpie	Shaftesbury BH	4:04.53	20	A
E	2	Florence Phillips	Highgate	4:09.04	18	A
C	3	Eleanor Morrison	Ealing S&M	4:12.78	16	A
B	4	Annie McManamon	Harrow	4:21.60	14	A
K	5	Bay Elkins	Thames Valley H	4:27.90	12	A
12	6	Bella Briody-West	Harrow	4:36.60	0	A
145	7	Daphne de Lagarde	Highgate	4:44.87	0	A
148	8	Anouk Trang Hespel	Highgate	4:45.26	0	A
A	9	Demmi Sydenham-Williams	Barnet & D	4:55.46	10	A
92	10	Imogen Tringali	Ealing S&M	4:57.25	0	A
H	11	Alva Nisser	Ealing Eagles	4:59.88	8	A
G	12	Robin Hinson	London Heath.	5:00.09	6	A
178	13	Isobel Carrington	London Heath.	5:01.10	0	A
93	14	Evangela Moussoulides	Ealing S&M	5:02.78	0	A
176	15	Esther Schofield	London Heath.	5:23.15	0	A
11	16	Angelina Affum	Harrow	6:01.11	0	A
1200	102	<b>U12 Girls B 1200m</b>				
EE	1	Charlotte Knipe	Highgate	4:15.73	10	
JJ	2	Lily Janmohamed	Shaftesbury BH	4:18.06	9	
CC	3	Celia Cahill-Wright	Ealing S&M	4:28.83	8	
242	4	Penelope Gladstone	Shaftesbury BH	4:36.30	0	
AA	5	Sunny Shaw	Barnet & D	4:36.86	7	
234	6	Niamh Pessoa	Shaftesbury BH	4:36.97	0	
265	7	Ruby Konviser	Shaftesbury BH	4:37.24	0	
BB	8	Cara Croxford	Harrow	4:39.68	6	
GG	9	Freya Constance	London Heath.	4:42.92	5	
147	10	Abigail Bronfentrinker	Highgate	4:43.07	0	
179	11	Emily Slater	London Heath.	4:44.77	0	
177	12	Lucy Kramer	London Heath.	4:46.30	0	
266	13	Elsie Bettridge	Shaftesbury BH	5:01.44	0	
146	14	Erin Elliot-Boarder	Highgate	5:11.05	0	
	15				0	
	16				0	
70H	105	<b>U12 Girls A1 70H</b>		Wind speed =	-1.3	
J	1	Mia Beggi Raymond	Shaftesbury BH	13.68	20	A
L	2	Sinatra Connolly	Track Academy	14.94	18	A
G	3	Lizzie Paitoo	London Heath.	16.17	16	A
E	4	Daphne de Lagarde	Highgate	16.65	14	A
K	5	Bay Elkins	Thames Valley H	17.14	12	A
B	6	Bella Briody-West	Harrow	17.28	10	A
H	7	Catherine Conan	Ealing Eagles	18.27	8	A
	8				0	

70H	106	<b>U12 Girls B1 70H</b>		Wind speed =	-0.8	
JJ	1	Valentina Bjerg	Shaftesbury BH	14.53	10	B
181	2	Maya Odulate	London Heath.	16.05	0	B
EE	3	Anouk Trang Hespel	Highgate	16.34	9	B
GG	4	Esther Schofield	London Heath.	16.81	8	B
	5				0	
	6				0	
	7				0	
	8				0	
HJ		<b>U12 Girl's High Jump</b>				
E	1	Beatrice Nellenbach	Highgate	1.25	20	A
C	2	Eleanor Morrison	Ealing S&M	1.15	18	A
GG	3	Freya Constance	London Heath.	1.15	16	A
J	4	Elsie Bettridge	Shaftesbury BH	1.05	14	A
234	5	Niamh Pessoa	Shaftesbury BH	1.05	0	A
B	6	Nehima Kyere-Aidoo	Harrow	1.00	12	A
98	7	Uma Yatzil Petrearce-Perez	Ealing S&M	1.00	0	A
G	8	Isobel Carrington	London Heath.	0.95	10	B
177	9	Lucy Kramer	London Heath.	0.95	0	A
	10				0	
LJ		<b>U12 Girl's Long Jump A</b>				
J	1	Temi Jaiyeola	Shaftesbury BH	3.79	20	A
K	2	Bay Elkins	Thames Valley H	3.65	16	A
E	3	Florence Phillips	Highgate	3.64	14	A
C	4	Aroa Mediavella	Ealing S&M	3.44	12	A
96	5	Evie Ghobagian	Ealing S&M	3.37	0	A
D	6	Avery Anifowoshe	Enfield & Har.	3.36	10	A
B	7	Nehima Kyere-Aidoo	Harrow	3.31	8	A
A	8	Demmi Sydenham-Williams	Barnet & D	3.30	6	A
277	9	Tolu Adekunle	Shaftesbury BH	3.26	0	A
132	10	Izabella Onah	Enfield & Haringey	3.23	0	A
L	11	Beau Rocque	Track Academy	3.21	7	B
296	12	Sinatra Connolly	Track Academy	3.13	0	A
G	13	Lizzie Paitoo	London Heath.	2.91	4	B
144	14	Florence Maile	Highgate	2.76	0	A
116	15	Maisha Ntinizi	Enfield & Haringey	2.74	0	A
H	16	Catherine Conan	Ealing Eagles	2.36	2	A
8	17	Charis Quniby	Barnet & D	1.99	0	A
	18				0	B
LJ		<b>U12 Girl's Long Jump B</b>				
149	1	Beatrice Nellenbach	Highgate	3.90	0	A
LL	2	Neveah Scott	Track Academy	3.69	18	A
JJ	3	Mia Beggi Raymond	Shaftesbury BH	3.50	10	B
EE	4	Abigail Bronfentrinker	Highgate	3.42	9	B
CC	5	Zosia Harvey	Ealing S&M	3.30	8	B
180	6	Freya Constance	London Heath.	3.26	0	A
KK	7	Honor Hood	Thames Valley H	3.05	6	B
177	8	Lucy Kramer	London Heath.	2.98	0	A
DD	9	Sonari Onkonkwo	Enfield & Har.	2.95	5	B
GG	10	Robin Hinson	London Heath.	2.92	4	A
BB	11	Angelia Affum	Harrow	2.83	3	B
93	12	Evangelina Moussoulides	Ealing S&M	2.47	0	A
AA	13	Sunny Shaw	Barnet & D	2.33	2	B
HH	14	Alva Nisser	Ealing Eagles	2.30	1	B
	15				0	B
	16				0	B

VT		<b>U12 Girl's Vortex</b>				
149	1	Beatrice Nellenbach	Highgate	36.40	0	A
94	2	Zosia Harvey	Ealing S&M	28.60	0	A
179	3	Emily Slater	London Heath.	27.99	0	A
JJ	4	Penelope Gladstone	Shaftesbury BH	27.75	20	A
J	5	Noor Emaan-Obaidull	Shaftesbury BH	27.60	10	B
G	6	Isobel Carrington	London Heath.	26.25	18	A
EE	7	Florence Maile	Highgate	24.40	16	A
264	8	Amelia Wilkes-Turpie	Shaftesbury BH	23.42	0	A
C	9	Zarah Farr	Ealing S&M	22.66	14	A
B	10	Bella Briody-West	Harrow	22.11	12	A
E	11	Abigail Bronfentrinker	Highgate	22.09	9	B
CC	12	Ella Mehr Raza	Ealing S&M	20.99	8	B
GG	13	Robin Hinson	London Heath.	19.45	7	B
176	14	Esther Schofield	London Heath.	14.57	0	A
146	15	Erin Elliot-Boarder	Highgate	13.13	0	A
279	16	Arizona Archibong	Shaftesbury BH	12.47	0	A
98	17	Uma Yatzil Petrearse-Perez	Ealing S&M	11.35	0	A
	18				0	
4x100	146	<b>U12 Girls 4x100m</b>		-1.9		
J	1		Shaftesbury BH	56.44	30	
D	2		Enfield & Har.	59.44	27	
E	3		Highgate	61.78	24	
G	4		London Heath.	62.57	21	
C	5		Ealing S&M	64.06	18	
	6				15	
	7				12	
	8				9	

## MIDDLESEX YOUNG ATHLETES LEAGUE UNDER 14 GIRLS

Team	Score
A Barnet & D	58
B Harrow	143
C Ealing S&M	143
D Enfield & Har.	62
E Highgate	103
G London Heath.	224.5
H Ealing Eagles	18
J Shaftesbury BH	241.5
K Thames Valley	161
L Track Academy	31

Team			Performance		
100	126	<b>U14 Girls A1 100m</b>	Wind speed =	-0.7	
C	1	Risen Gloria Balou	Ealing S&M	12.94	20
J	2	Dami Adekunle	Shaftesbury BH	13.16	18
K	3	Bianca Weyler	Thames Valley H	13.61	14
236	4	Ayotunde Alfonso	Shaftesbury BH	13.84	0
13	5	Shannai Coley-Peart	Harrow	14.00	0
127	6	Jemima Cherotich	Enfield & Haringey	14.50	0
A	7	Chizara Olebara	Barnet & D	14.60	8
E	8	Aveah Waysome	Highgate	14.73	4
100	127	<b>U14 Girls A2 100m</b>	Wind speed =	-1.8	
B	1	Sienna Joseph-Edwards	Harrow	13.23	16
D	2	Aminat Pindling- Babaita	Enfield & Har.	14.35	12
G	3	Abena Boyer	London Heath.	14.41	10
L	4	Desire Cope Chase	Track Academy	14.71	6
273	5	Ava Emeagi	Shaftesbury BH	15.17	0
114	6	Alana Tetteh-Lartey	Enfield & Haringey	15.90	0
16	7	Sienna Sheth	Harrow	16.07	0
15	8	Asimina Tzanidaki	Harrow	16.34	0
100	128	<b>U14 Girls B1 100m</b>	Wind speed =	-2.6	
JJ	1	Naylah Adeeko	Shaftesbury BH	13.5	10
KK	2	Iyana Barbe-Nutakor	Thames Valley H	14.2	8
CC	3	Zosia Matharu	Ealing S&M	14.2	7
284	4	Amelia Glossop	Thames Valley H	14.6	0
186	5	Ajoke Bello	London Heath.	14.7	0
188	6	Jane Andre	London Heath.	14.9	0
AA	7	Maya Celik	Barnet & D	14.99	3
EE	8	Anaiah Waysome	Highgate	15.00	2
100	129	<b>U14 Girls B2 100m</b>	Wind speed =	-1.3	
BB	1	Nkiruka Oji	Harrow	13.72	9
238	2	Amie Zheng	Shaftesbury BH	13.98	0
85	3	Anneka Butler	Ealing S&M	14.51	0
DD	4	Sacy Williams	Enfield & Har.	14.67	6
GG	5	Sadie Taitt	London Heath.	14.70	5
LL	6	Indiya-Rae Griffiths Mitchell	Track Academy	14.73	4
187	7	Fafa Ansah	London Heath.	15.12	0
46	8	Vivienne Olas	Harrow	15.26	0

1500	148	<b>U14 Girls A 1500m</b>				
D	1	Alice Clements	Enfield & Har.	5:01.49	20	A
H	2	Cissie Bootman	Ealing Eagles	5:04.37	18	A
DD	3	Ava Samuels	Enfield & Har.	5:06.76	10	B
E	4	Anna Murray	Highgate	5:15.00	16	A
G	5	Sadie Catherall	London Heath.	5:26.87	14	A
B	6	Petra Gyongyi	Harrow	5:28.36	12	A
C	7	Maya Richardson	Ealing S&M	5:28.39	10	A
BB	8	Eloise Suffield	Harrow	5:28.98	9	B
GG	9	Matilda Hinson	London Heath.	5:34.37	8	B
J	10	Keenyah Adelise	Shaftesbury BH	5:36.72	8	A
JJ	11	Ellen Neely	Shaftesbury BH	5:38.15	7	B
EE	12	Gaia Das-Gupta	Highgate	5:49.06	6	B
A	13	Mimi Zlotnik	Barnet & D	6:18.40	6	A
	14				0	
	15				0	
1500	149	<b>U14 Girls B 1500m</b>				
15	1	Asimina Tzanidaki	Harrow	5:21.28	0	
18	2	Isabel Galliford	Harrow	5:38.42	0	
19	3	Iyla Yadav	Harrow	5:38.91	0	
17	4	Elizabeth Ventre	Harrow	5:39.90	0	
190	5	Milly Ratcliffe	London Heath.	5:41.22	0	
20	6	Otilie Sly	Harrow	5:42.16	0	
158	7	Lila Hristou	Highgate	5:48.92	0	
159	8	Natalie Bannon	Highgate	5:52.08	0	
191	9	Kitty Warburton	London Heath.	5:52.12	0	
157	10	Holly O'Shea	Highgate	5:52.63	0	
192	11	Livia Belkin	London Heath.	6:02.96	0	
21	12	Summer O'Leary	Harrow	6:20.18	0	
156	13	Lola Gladstone	Highgate	6:43.87	0	
	14				0	
	15				0	
75H	109	<b>U14 Girls A1 75H</b>		Wind speed =	-2.1	
J	1	Sienna Darcy	Shaftesbury BH	11.74	20	A
G	2	Abena Boyer	London Heath.	12.16	18	A
B	3	Aanya Mehta	Harrow	12.91	16	A
C	4	Hannah Farr	Ealing S&M	13.54	14	A
K	5	Lara Wilson	Thames Valley H	15.71	12	A
E	6	Lola Gladstone	Highgate	16.79	10	A
	7				0	
	8				0	
75H	110	<b>U14 Girls B1 75H</b>		Wind speed =	-0.7	
JJ	1	Amie Zheng	Shaftesbury BH	12.89	10	B
GG	2	Anna Bah	London Heath.	13.49	9	B
KK	3	Zoe Allsop	Thames Valley H	15.42	8	B
184	4	Eimer Walls	London Heath.	15.95	0	B
185	5	Viyana Hassan	London Heath.	16.09	0	B
CC	6	Bea Giarraputo	Ealing S&M	18.01	7	B
	7				0	
	8				0	

HJ		U14 Girls' High Jump				
G	1	Maya Jennings	London Heath.	1.30	20	A
J	2	Amie Zheng	Shaftesbury BH	1.30	18	A
K	3	Zoë Allsop	Thames Valley H	1.30	16	A
GG	4=	Anya Dhanjal	London Heath.	1.25	9.5	B
JJ	4=	Naylah Adeeko	Shaftesbury BH	1.25	9.5	B
E	6	Lola Seaton	Highgate	1.25	14	A
A	7	Mimi Zlotnik	Barnet & D	1.25	12	A
C	8	Gemma Pearce	Ealing S&M	1.20	10	A
183	9	Aldana Teame	London Heath.	1.20	0	A
CC	10	Hanna Morawska	Ealing S&M	1.05	8	B
B	11	Heidi Lynch	Harrow	1.05	8	A
	12				0	

LJ		U14 Girls' Long Jump B				
J	1	Dami Adekunle	Shaftesbury BH	4.51	10	B
B	2	Olivia Lamoureux	Harrow	4.22	18	A
K	3	Kira Tan	Thames Valley H	4.12	14	A
235	4	Georgina Warmate	Shaftesbury BH	3.84	0	A
247	5	Naylah Adeeko	Shaftesbury BH	3.83	0	A
C	6	Anneka Butler	Ealing S&M	3.79	7	B
A	7	Sienna Stovin	Barnet & D	3.71	12	A
G	8	Anna Bah	London Heath.	3.65	10	A
82	9	Sarah Cisse	Ealing S&M	3.60	0	A
D	10	Alana Tetteh-Lartey	Enfield & Har.	3.59	8	A
9	11	Mimi Zlotnik	Barnet & D	3.48	0	A
E	12	Lola Seaton	Highgate	3.46	6	A
84	13	Bea Giarraputo	Ealing S&M	3.12	0	A
288	14	Wynsome West	Thames Valley H	3.00	0	A
L	15	Amelia Koudri	Track Academy	2.89	4	A

LJ		U14 Girl's Long Jump B				
JJ	1	Kaia Vaughan	Shaftesbury BH	4.58	20	A
CC	2	Zosia Matharu	Ealing S&M	4.15	16	A
BB	3	Nkiruka Oji	Harrow	4.14	9	B
22	4	Misha Mistry	Harrow	4.01	0	A
286	5	Anjola Oduleye	Thames Valley H	3.97	0	A
KK	6	Bianca Weyler	Thames Valley H	3.95	8	B
46	7	Vivienne Olas	Harrow	3.85	0	A
127	8	Jemima Cherotich	Enfield & Haringey	3.77	0	A
23	9	Becky Landy	Harrow	3.62	0	A
24	10	Fara Davis	Harrow	3.6	0	A
166	11	Anna Murray	Highgate	3.57	0	A
16	12	Sienna Sheth	Harrow	3.53	0	A
DD	13	Nina Khan	Enfield & Har.	3.34	6	B
AA	14	Maya Celik	Barnet & D	3.24	5	B
GG	15	Olaoluwa Emiloju	London Heath.	3.01	4	B
EE	16	Ayla Campolucci-Bordi	Highgate	2.76	3	B
LL	17	Brenda Udiy	Track Academy	2.19	2	B
	18				0	B

SP		U14 Girls' Shot Put				
C	1	Hannah Farr	Ealing S&M	7.90	20	A
J	2	Dami Adekunle	Shaftesbury BH	7.43	18	A
194	3	Anna Bah	London Heath.	7.00	0	A
E	4	Ayla Campolucci-Bordi	Highgate	6.85	16	A
K	5	Amelia Glossop	Thames Valley H	6.68	14	A
JJ	6	Cataleya Petrencu	Shaftesbury BH	6.11	10	B
A	7	Chizara Olebara	Barnet & D	6.09	12	A
G	8	Aaliyah Ali	London Heath.	6.04	10	A
GG	9	Mirianthi Haward	London Heath.	4.61	9	B
	10				0	

JT		<b>U14 Girls' Javelin</b>				
K	1	Zoë Allsop	Thames Valley H	21.35	20	A
J	2	Cataleya Petrencu	Shaftesbury BH	13.99	18	A
B	3	Misha Mistry	Harrow	13.18	16	A
GG	4	Brianna Sintim-Burke	London Heath.	12.36	14	A
G	5	Aaliyah Ali	London Heath.	12.04	10	B
JJ	6	Georgina Warmate	Shaftesbury BH	11.82	9	B
185	7	Viyan Hassan	London Heath.	11.68	0	A
193	8	Mirianthi Haward	London Heath.	8.74	0	A
DT		<b>U14 Girls' Discus</b>				
J	1	Cataleya Petrencu	Shaftesbury BH	15.91	20	A
GG	2	Aldana Teame	London Heath.	12.32	18	A
KK	3	Amelia Glossop	Thames Valley H	11.82	16	A
E	4	Lola Gladstone	Highgate	11.68	14	A
K	5	Lara Wilson	Thames Valley H	10.45	10	B
JJ	6	Ava Emeagi	Shaftesbury BH	8.15	9	B
G	7	Fafa Ansah	London Heath.	7.15	8	B
	8				0	
HT		<b>U14 Girls' Hammer</b>				
G	1	Ajoke Bello	London Heath.	14.19	20	A
GG	2	Sadie Taitt	London Heath.	5.32	10	B
	3				0	
	4				0	
4x100		<b>161 U14 Girls' 4x100m</b>				
B	1		Harrow	51.69	30	
J	2		Shaftesbury BH	51.75	27	
C	3		Ealing S&M	54.17	24	
K	4		Thames Valley H	56.47	21	
G	5		London Heath.	56.53	18	
L	6		Track Academy	56.54	15	
E	7		Highgate	61.75	12	
	8				9	

## MIDDLESEX YOUNG ATHLETES LEAGUE UNDER 16 WOMEN

Letter	Team	Score
A	Barnet & D	65
B	Harrow	167
C	Ealing S&M	236
D	Enfield & Har.	121
E	Highgate	56
G	London Heath.	249
H	Ealing Eagles	0
J	Shaftesbury BH	235
K	Thames Valley	48
L	Track Academy	59

Team			Performance	
100	138	<b>U16 Women A1 100m</b>	Wind speed =	-1.5
K	1	Michaela Osuhor	Thames Valley H	12.57 20 A
C	2	India Greenaway	Ealing S&M	12.91 18 A
D	3	Katy Galach	Enfield & Har.	12.95 16 A
B	4	Abigal Beckles	Harrow	13.19 14 A
J	5	Erykah-Monae Quartey	Shaftesbury BH	13.34 12 A
198	6	Amai Manship-Ademosu	London Heath.	13.40 0 A
G	7	Edie Waites	London Heath.	13.59 10 A
L	8	Rhea May Critchley	Track Academy	15.14 8 A
100	139	<b>U16 Women B1 100m</b>	Wind speed =	-2.8
CC	1	Gabriella Nnatu	Ealing S&M	13.21 10 B
DD	2	Tosin Etti-Williams	Enfield & Har.	13.42 9 B
GG	3	Amara Charles	London Heath.	13.43 8 B
BB	4	Akunna Nwokoye	Harrow	14.14 7 B
JJ	5	Maisie Roberts	Shaftesbury BH	14.28 6 B
52	6	Lucia McDonald	Harrow	14.79 0
LL	7	Blessing Orraca-Tetteh	Track Academy	15.17 5 B
73	8	Walde Timera	Ealing S&M	15.77 0
300	155	<b>U16 Women A1 300m</b>	Wind speed =	
J	1	Sienna Darcy	Shaftesbury BH	42.93 20 A
A	2	Victoria Zavadsky	Barnet & D	43.15 18 A
B	3	Katie Dalton	Harrow	43.41 16 A
G	4	Edie Waites	London Heath.	45.40 14 A
E	5	Chloe Trunkfield	Highgate	45.62 12 A
C	6	Kymorah Alfred-Sinclair	Ealing S&M	45.89 10 A
259	7	Vera Doudko	Shaftesbury BH	46.99 0 A
D	8	Christvi Harvest	Enfield & Har.	48.36 8 A
300	156	<b>U16 Women B1 300m</b>	Wind speed =	
BB	1	Beth Dalton	Harrow	44.33 10 B
JJ	2	Kyra Williams	Shaftesbury BH	44.70 9 B
155	3	Alexandra O'Brien	Highgate	45.70 0
GG	4	Matilda Barrand	London Heath.	46.12 8 B
EE	5	Amara Mankodi	Highgate	47.23 7 B
154	6	Ira Agrawal	Highgate	48.32 0
CC	7	Cordelia Sadler	Ealing S&M	51.49 6 B
77	8	Noa Archer	Ealing S&M	54.03 0

1500	152	<b>U16 Women A 1500m</b>		
A	1	Jagna Falkowska	Barnet & D	4:49.46 20 A
C	2	Maria Szysko-Walls	Ealing S&M	4:49.80 18 A
J	3	Aimee Porter	Shaftesbury BH	4:51.94 16 A
L	4	Charlotte Fraser	Track Academy	4:56.73 14 A
KK	5	Calista Fenton	Thames Valley H	4:58.28 12 A
K	6	Ines Gomez de Membrillera Daly	Thames Valley H	5:08.99 10 B
AA	7	Isla Kane	Barnet & D	5:09.41 9 B
4	8	Thea Conway	Barnet & D	5:12.45 0 A
B	9	Ella Chandratheva	Harrow	5:16.69 10 A
E	10	Olive O'Shea	Highgate	5:20.47 8 A
CC	11	Eve Johnson	Ealing S&M	5:22.84 8 B
5	12	Elfie Shaw	Barnet & D	5:23.81 0 A
75	13	Emilie Walsh	Ealing S&M	5:28.07 0 A
JJ	14	Lucia Casalenuovo	Shaftesbury BH	5:34.39 7 B
GG	15	Loren Irwin	London Heath.	5:35.40 6 A
G	16	Yan Tsang-Goodwin	London Heath.	5:38.56 6 B
197	17	Jasmin Donnington	London Heath.	5:40.10 0 A
EE	18	Sara Andersson-King	Highgate	5:43.33 5 B
154	19	Ira Agrawal	Highgate	6:02.95 0 A
BB	20	Ana-Maria Scutaru	Harrow	6:14.54 4 B
80H		<b>U16 Women AB 80H</b>	Wind speed =	-0.4
B	1	Isabella Paterson	Harrow	12.18 20 A
J	2	Kyra Williams	Shaftesbury BH	12.53 18 A
G	3	Matilda Barrand	London Heath.	13.11 16 A
C	4	Luna Salvucci de Oliviera	Ealing S&M	13.26 14 A
JJ	5	Lexi Mai	Shaftesbury BH	14.89 10 B
GG	6	Louise Baird	London Heath.	16.70 9 B
CC	7	Emilie Walsh	Ealing S&M	17.76 8 B
	8			0
HJ		<b>U16 Women High Jump</b>		
CC	1	Isla Kenny	Ealing S&M	1.45 20 A
C	2	Luna Salvucci de Oliviera	Ealing S&M	1.38 10 B
J	3=	Anashe Mapanzure	Shaftesbury BH	1.30 18 A
GG	3=	Tamara Pushpanathan	London Heath.	1.30 16 A
G	5=	Amani Ali	London Heath.	1.25 9 B
D	5=	Stephanie Berko	Enfield & Har.	1.25 14 A
JJ	7	Savannah Archibong	Shaftesbury BH	1.20 8 B
L	8	Janae Austin	Track Academy	1.15 12 A

LJ		<b>U16 Women Long Jump</b>			
CC	1	Isla Kenny	Ealing S&M	4.55	20 A
B	2	Abigal Beckles	Harrow	4.54	18 A
J	3	Maisie Roberts	Shaftesbury BH	4.43	16 A
G	4	Thea Stewart	London Heath.	4.40	14 A
C	5	Noa Archer	Ealing S&M	4.39	10 B
74	6	Sofia Segrt	Ealing S&M	4.25	0 A
JJ	7	Vera Doudko	Shaftesbury BH	4.19	9 B
BB	8	Lucia McDonald	Harrow	4.15	8 B
D	9	Lottie Rogers	Enfield & Har.	4.00	12 A
E	10	Ira Agrawal	Highgate	3.97	10 A
195	11	Louise Baird	London Heath.	3.89	0 A
L	12	Rhea May Critchley	Track Academy	3.73	8 A
56	13	Clementine George	Harrow	3.57	0 A
GG	14	Skye Murray	London Heath.	3.54	7 B
73	15	Walde Timera	Ealing S&M	3.32	0 A
K	16	Michaela Osuhor	Thames Valley H	3.18	6 A
SP		<b>U16 Women Shot Put</b>			
J	1	Erykah-Monae Quartey	Shaftesbury BH	9.39	20 A
G	2	Rhoswen Keeping	London Heath.	9.20	18 A
GG	3	Skye Murray	London Heath.	6.58	10 B
B	4	Jasmine Ferguson	Harrow	6.13	16 A
C	5	Nylah Greenaway	Ealing S&M	5.93	14 A
L	6	Rhea May Critchley	Track Academy	5.88	12 A
JJ	7	Ava Emeagi	Shaftesbury BH	5.45	9 B
	8				0
JT		<b>U16 Women Javelin</b>			
BB	1	Nuala Kearney	Harrow	24.52	20 A
B	2	Jasmine Ferguson	Harrow	22.82	10 B
G	3	Amani Ali	London Heath.	22.76	18 A
C	4	Luna Salvucci de Oliviera	Ealing S&M	16.83	16 A
E	5	Amara Mankodi	Highgate	15.66	14 A
GG	6	Yan Tsang-Goodwin	London Heath.	15.35	9 B
D	7	Felicity Fudge	Enfield & Har.	14.45	12 A
J	8	Vera Doudko	Shaftesbury BH	11.42	0
DT		<b>U16 Women Discus</b>			
D	1	Felicity Fudge	Enfield & Har.	24.37	20 A
G	2	Rhoswen Keeping	London Heath.	20.33	18 A
GG	3	Matilda Barrant	London Heath.	19.42	10 B
J	4	Anashe Mapanzure	Shaftesbury BH	15.89	16 A
B	5	Jasmine Ferguson	Harrow	14.00	14 A
C	6	Nylah Greenaway	Ealing S&M	12.36	12 A
	7				0
	8				0
HT		<b>U16 Women Hammer</b>			
J	1	Erykah-Monae Quartey	Shaftesbury BH	27.25	20 A
C	2	Nylah Greenaway	Ealing S&M	18.11	18 A
GG	3	Skye Murray	London Heath.	14.61	16 A
	4				0
	5				0
	6				0
4x100		<b>U16 Women 4x100m</b>			
D	1		Enfield & Har.	51.45	30
G	2		London Heath.	52.26	27
C	3		Ealing S&M	52.36	24
J	4		Shaftesbury BH	53.76	21
DD	5		Enfield & Har.	57.21	0
A	6		Barnet & D	57.71	18
	7				12
	8				9

## MIDDLESEX YOUNG ATHLETES LEAGUE UNDER 12 BOYS

Team	Score
A Barnet & D	50
B Harrow	105
C Ealing S&M	128
D Enfield & Har.	108
E Highgate	125
G London Heath.	141
J Shaftesbury BH	161
K Thames Valley	58
L Track Academy	71

Team			Performance	
75	120	<b>U12 Boys A1 75m</b>	Wind speed =	-1.1
C	1	Christopher Del campo-Otu	Ealing S&M	10.77 18 A
J	2	Jonah Talenga	Shaftesbury BH	11.34 12 A
K	3	Adam Ghoul	Thames Valley H	11.88 10 A
E	4	Owen Lewis	Highgate	12.06 8 A
27	5	Sean Ramosu	Harrow	12.25 0 A
A	6	Adam Zavadsky	Barnet & D	12.40 6 A
25	7	Samuel Holloway	Harrow	12.43 0 A
31	8	Jawaad Hassan Kapadia	Harrow	13.06 0 A
75	121	<b>U12 Boys A2 75m</b>	Wind speed =	-1.3
D	1	A'mari Ryan-Gerald	Enfield & Har.	10.56 20 A
L	2	Thierry Mothersill	Track Academy	10.92 16 A
B	3	Josphe Laryea	Harrow	11.22 14 A
209	4	Evander Hope-Dubois	London Heath.	11.25 0
207	5	Owen Gardiner	London Heath.	11.84 0
28	6	Etienne Bourdonne	Harrow	11.86 0
G	7	Billy Alridge	London Heath.	12.49 4 A
H	8	Micah Omiyade	Ealing Eagles	12.50 2 A
75	122	<b>U12 Boys B1 75m</b>	Wind speed =	-1.5
CC	1	Zion Amoanyame-Simms	Ealing S&M	10.96 9 B
AA	2	Cody Jordan	Barnet & D	11.17 8 B
JJ	3	Nathaniel Ruddock	Shaftesbury BH	11.33 6 B
211	4	Bjorn Rule	London Heath.	11.51 0
90	5	Sam Parratt	Ealing S&M	12.02 0
272	6	Rafi Rubenstein	Shaftesbury BH	12.25 0
89	7	Archie Ozols	Ealing S&M	12.59 0
EE	8	Dylan Toogood	Highgate	13.25 3 B
75	123	<b>U12 Boys B2 75m</b>	Wind speed =	-1.7
DD	1	Javiar Stephenson	Enfield & Har.	10.71 10 B
LL	2	Malachi Bennett	Track Academy	11.27 7 B
246	3	Adrian Qela	Shaftesbury BH	11.58 0
126	4	Elkanah Cherotich	Enfield & Haringey	11.59 0
BB	5	George Lawrence	Harrow	11.61 5 B
271	6	Leo Silver	Shaftesbury BH	11.63 0
GG	7	Freddie Thompson	London Heath.	11.70 4 B
60	8	Felix Escoffey	Harrow	12.11 0

1200	103	<b>U12 Boys A 1200m</b>				
E	1	Owen Lewis	Highgate	3:55.43	20	A
J	2	Daniyal Janmohamed	Shaftesbury BH	3:59.60	18	A
C	3	Daniel Ross	Ealing S&M	4:02.68	16	A
D	4	William Irving	Enfield & Har.	4:07.23	14	A
208	5	Freddie Thompson	London Heath.	4:15.28	0	A
A	6	Theo Kane	Barnet & D	4:22.82	12	A
B	7	Felix Escoffey	Harrow	4:23.67	10	A
G	8	Billy Alridge	London Heath.	4:25.48	8	A
207	9	Owen Gardiner	London Heath.	4:31.60	0	A
231	10	Leo Roth	Shaftesbury BH	4:46.82	0	A
241	11	Ivan Bird	Shaftesbury BH	4:49.81	0	A
261	12	Theo Bettridge	Shaftesbury BH	4:51.58	0	A
K	13	Rafe Elkins	Thames Valley H	5:11.55	6	A
	14				0	
	15				0	
1200	104	<b>U12 Boys B 1200m</b>				
GG	1	Nat Buchan	London Heath.	4:10.57	11	
JJ	2	Rian Varia	Shaftesbury BH	4:10.86	10	
DD	3	Tyler Samuels	Enfield & Har.	4:18.94	9	
141	4	James Mainwood	Highgate	4:23.91	0	
EE	5	Alex Rothwell	Highgate	4:25.32	8	
142	6	Dylan Toogood	Highgate	4:28.07	0	
143	7	Casper Alexander	Highgate	4:29.96	0	
CC	8	Tommy Sibbering	Ealing S&M	4:31.66	7	
240	9	Marko Bird	Shaftesbury BH	4:35.48	0	
200	10	Ori Matalon	London Heath.	4:37.79	0	
342	11	Hugo Bradshaw	Queens Park	4:38.40	0	
138	12	Arsényi Kosagovskiy	Highgate	4:48.59	0	
245	13	Finlay Myles	Shaftesbury BH	5:02.93	0	
	14				0	
	15				0	
75H	107	<b>U12 Boys A1 75H</b>		Wind speed =	-2.0	
J	1	Nathaniel Ruddock	Shaftesbury BH	15.07	20	A
G	2	Bjorn Rule	London Heath.	15.71	18	A
C	3	Daniel Ross	Ealing S&M	15.91	16	A
B	4	Felix Escoffey	Harrow	16.07	14	A
E	5	Alex Rothwell	Highgate	17.42	12	A
	6				0	
	7				0	
	8				0	
75H	108	<b>U12 Boys B1 75H</b>		Wind speed =	-2.2	
JJ	1	Hugo Duffy	Shaftesbury BH	14.75	10	B
208	2	Freddie Thompson	London Heath.	16.02	0	B
GG	3	Nat Buchan	London Heath.	17.47	9	B
209	4	Evander Hope-Dubois	London Heath.	17.62	0	B
342	5	Hugo Bradshaw	Queens Park	18.03	0	B
200	6	Ori Matalon	London Heath.	18.86	0	B
	7				0	
	8				0	
HJ	<b>U12 Boys High Jump</b>					
J	1	Hugo Duffy	Shaftesbury BH	1.30	20	A
GG	2	Teddy Arana-Morton	London Heath.	1.20	18	A
K	3=	Adam Ghoul	Thames Valley H	1.10	15	A
E	3=	Jack Van Clarke	Highgate	1.10	15	A
G	5	Billy Alridge	London Heath.	1.10	10	B
JJ	6	Rafi Rubenstein	Shaftesbury BH	1.10	9	B
B	7	Orlando Roberts	Harrow	1.05	12	A
KK	8	Leo da Silva	Thames Valley H	1.00	8	B

LJ		U12 Boys Long Jump A				
D	1	A'mari Ryan-Gerald	Enfield & Har.	4.29	20	A
B	2	Jospeh Laryea	Harrow	4.25	18	A
C	3	Christopher Del campo-Otu	Ealing S&M	4.24	16	A
E	4	Max Shavick	Highgate	3.89	14	A
J	5	Shaayun Ranmal	Shaftesbury BH	3.52	7	B
K	6	Adam Ghoul	Thames Valley H	3.52	6	A
G	7	Dominik Jeles	London Heath.	3.37	6	B
A	8	Adam Zavadsky	Barnet & D	3.36	4	A
30	9	Nathaniel Noel	Harrow	3.20	0	A
25	10	Samuel Holloway	Harrow	2.95	0	A
31	11	Jawaad Hassan Kapadia	Harrow	2.28	0	A
	12				0	A
LJ		U12 Boy's Long Jump B				
EE	1	Jack Van Clarke	Highgate	3.73	10	B
LL	2	Malachi Bennett	Track Academy	3.71	12	A
BB	3	George Lawrence	Harrow	3.69	9	B
GG	4	Owen Gardiner	London Heath.	3.68	10	A
JJ	5	Adrian Qela	Shaftesbury BH	3.65	8	A
DD	6	Javiar Stephenson	Enfield & Har.	3.59	8	B
232	7	Leo Kingsley Smith	Shaftesbury BH	3.43	0	A
140	8	Anton Florian	Highgate	2.85	0	A
CC	9	Tommy Sibbering	Ealing S&M	2.70	5	B
KK	10	Rafe Elkins	Thames Valley H	2.67	4	B
138	11	Arsényi Kosagovskiy	Highgate	2.56	0	A
	12				0	B
VT		U12 Boys Vortex				
G	1	Dominik Jeles	London Heath.	48.13	20	A
B	2	Etienne Bourdonne	Harrow	46.81	18	A
J	3	Cooper Courtnage	Shaftesbury BH	46.09	16	A
30	4	Nathaniel Noel	Harrow	39.70	0	A
E	5	Owen Lewis	Highgate	39.01	14	A
L	6	Thierry Mothersill	Track Academy	35.53	12	A
CC	7	Zion Amoanyame-Simms	Ealing S&M	32.42	10	A
C	8	Archie Ozols	Ealing S&M	31.06	10	B
EE	9	James Mainwood	Highgate	30.9	9	B
140	10	Anton Florian	Highgate	29.67	0	A
GG	11	Oliver Scarfo	London Heath.	29.42	8	B
JJ	12	Jonah Talenga	Shaftesbury BH	29.17	7	B
AA	13	Theo Kane	Barnet & D	28.86	8	A
246	14	Adrian Qela	Shaftesbury BH	27.52	0	A
87	15	Tommy Sibbering	Ealing S&M	27.32	0	A
27	16	Sean Ramosu	Harrow	27.15	0	A
342	17	Hugo Bradshaw	Queens Park	25.22	0	A
A	18	Adam Zavadsky	Barnet & D	25.01	6	B
211	19	Bjorn Rule	London Heath.	23.80	0	A
200	20	Ori Matalon	London Heath.	22.74	0	A
261	21	Theo Bettridge	Shaftesbury BH	21.16	0	A
BB	22	Orlando Roberts	Harrow	20.84	5	B
142	23	Dylan Toogood	Highgate	16.90	0	A
	24				0	
4x100		147 U12 Boys 4x100m				
D	1		Enfield & Har.	55.33	27	
L	2		Track Academy	56.47	24	
C	3		Ealing S&M	57.04	21	
J	4		Shaftesbury BH	57.85	18	
G	5		London Heath.	62.96	15	
E	6		Highgate	63.68	12	
K	7		Thames Valley H	63.70	9	
A	8		Barnet & D	66.27	6	

## MIDDLESEX YOUNG ATHLETES LEAGUE UNDER 14 BOYS

Team	Score
A Barnet & D	67
B Harrow	181
C Ealing S&M	142
D Enfield & Har.	26
E Highgate	167
G London Heath.	156
H Ealing Eagles	17
J Shaftesbury BH	193
K Thames Valley	126
L Track Academy	28

Team			Performance		
100	133	<b>U14 Boys A1 100m</b>	Wind speed =	-1.3	
J	1	Zachary Onoye	Shaftesbury BH	11.73	20
E	2	Leon Adams	Highgate	12.98	14
A	3	Brendon Tomasovszki	Barnet & D	13.25	10
K	4	Mako Gibb	Thames Valley H	13.85	8
C	5	Dejarne Amoanyame-Simms	Ealing S&M	13.92	6
292	6	Arthur Rhys	Thames Valley H	14.35	0
160	7	Robin Cross	Highgate	14.37	0
162	8	Max Sassa	Highgate	14.91	0
100	134	<b>U14 Boys A2 100m</b>	Wind speed =	-1.2	
G	1	Sarp Birsen	London Heath.	12.82	18
B	2	Ali Hussein	Harrow	12.89	16
D	3	Javontay Francis	Enfield & Har.	13.10	12
228	4	Jeremiah Emiloju	London Heath.	13.31	0
34	5	Jasper Man	Harrow	13.93	0
163	6	Conrad Vajda	Highgate	14.62	0
110	7	Christopher Mensah	Enfield & Haringey	14.67	0
L	8	Israel Ijanboh	Track Academy	15.04	4
100	135	<b>U14 Boys B1 100m</b>	Wind speed =	-1.7	
JJ	1	Caspian Feild	Shaftesbury BH	13.28	9
CC	2	Dylan Kahlon	Ealing S&M	13.78	8
KK	3	Gabriel Pereira Carneiro	Thames Valley H	13.92	7
EE	4	Husni Aslam	Highgate	13.95	6
45	5	Noah Nolan	Harrow	14.33	0
AA	6	Joseph Quinby	Barnet & D	15.44	3
	7				0
	8				0
100	137	<b>U14 Boys B2 100m</b>	Wind speed =	-3.6	
DD	1	Ethan Kanumuangi	Enfield & Har.	13.11	10
39	2	Rocco Roberts	Harrow	14.46	0
BB	3	Raphael Affum	Harrow	14.82	5
GG	4	Andray Brown	London Heath.	14.83	4
LL	5	Amin Aill	Track Academy	15.49	2
	6				0
	7				0
	8				0

1500	150	<b>U14 Boys A 1500m</b>				
K	1	Luis da Silva	Thames Valley H	4:36.10	20	A
J	2	Harrison Henderson	Shaftesbury BH	4:42.82	18	A
C	3	Sidney Rochester	Ealing S&M	4:53.03	16	A
G	4	Dylan Lewis	London Heath.	4:53.13	14	A
JJ	5	Jack Davies	Shaftesbury BH	4:56.60	10	B
H	6	Noah Liborg	Ealing Eagles	4:56.90	12	A
EE	7	Harry Coleman	Highgate	5:03.05	10	A
KK	8	Leopold Reichel	Thames Valley H	5:07.37	9	B
CC	9	Euan Mortimer	Ealing S&M	5:16.07	8	B
BB	10	Oscar Malhotra	Harrow	5:18.54	8	A
E	11	Robert Mainwood	Highgate	5:19.71	7	B
B	12	Ezra Carstens	Harrow	5:21.61	6	B
GG	13	Michael Schofield	London Heath.	5:22.41	5	B
A	14	Dev Kharjuria	Barnet & D	5:37.50	6	A
AA	15	Joseph Quinby	Barnet & D	5:48.47	4	B
HH	16	Oscar Poole	Ealing Eagles	5:53.22	3	B
1500	151	<b>U14 Boys B 1500m</b>				
233	1	Albert Korth	Shaftesbury BH	5:06.62	0	
217	2	Luca Travi	London Heath.	5:08.23	0	
165	3	Alex Edis	Highgate	5:09.12	0	
41	4	Lukas Adomenas	Harrow	5:19.32	0	
79	5	Olivier Ozols	Ealing S&M	5:20.65	0	
291	6	Kilian Cavalleri	Thames Valley H	5:21.56	0	
248	7	Prince Moses John	Shaftesbury BH	5:28.82	0	
218	8	William Edwards	London Heath.	5:30.24	0	
212	9	Felix Carrington	London Heath.	5:31.14	0	
293	10	Tiago Buerk	Thames Valley H	5:31.79	0	
216	11	Bruno Fansa	London Heath.	5:32.53	0	
290	12	Colm Ryan	Thames Valley H	5:36.66	0	
289	13	Maxwell Lewis	Thames Valley H	5:39.22	0	
257	14	Ethan Slutzkin	Shaftesbury BH	5:39.69	0	
44	15	Nathaniel West	Harrow	6:15.60	0	
213	16	Angus Henniker-Heaton	London Heath.	6:16.80	0	
43	17	John O'Sullivan	Harrow	6:17.95	0	
	18				0	
80H	111	<b>U14 Boys A1 80H</b>		Wind speed =	-1.0	
B	1	David Mirauta	Harrow	13.51	20	A
J	2	Daniel Murray	Shaftesbury BH	13.57	18	A
K	3	Luis da Silva	Thames Valley H	13.58	16	A
E	4	Alex Edis	Highgate	14.73	14	A
G	5	Angus Henniker-Heaton	London Heath.	17.78	12	A
	6				0	
	7				0	
	8				0	
80H	112	<b>U14 Boys B1 80H</b>		Wind speed =	-3.4	
214	1	Andray Brown	London Heath.	13.86	0	B
JJ	2	Michael Obiwulu	Shaftesbury BH	15.93	10	B
BB	3	Raphael Affum	Harrow	17.15	9	B
35	4	Silas Hansen	Harrow	17.19	0	B
GG	5	Michael Schofield	London Heath.	17.61	8	B
	6				0	
	7				0	
	8				0	
HJ	<b>U14 Boys' High Jump</b>					
G	1	Sarp Birsén	London Heath.	1.60	20	A
B	2	Rocco Roberts	Harrow	1.50	18	A
C	3	Sidney Rochester	Ealing S&M	1.40	16	A
E	4	Conrad Vajda	Highgate	1.35	14	A
213	5	Angus Henniker-Heaton	London Heath.	1.25	0	A

GG	6	Felix Carrington	London Heath.	1.20	10	B
LJ	<b>U14 Boys' Long Jump A</b>					
B	1	Ryan Adhami	Harrow	5.13	20	A
J	2	Daniel Murray	Shaftesbury BH	4.84	18	A
K	3	Luis da Silva	Thames Valley H	4.81	16	A
E	4	Leon Adams	Highgate	4.45	14	A
A	5	Brendon Tomasovszki	Barnet & D	4.38	12	A
C	6	Sidney Rochester	Ealing S&M	4.34	10	A
L	7	Israel Ijanboh	Track Academy	4.21	8	A
G	8	Bruno Fansa	London Heath.	4.19	6	A
212	9	Felix Carrington	London Heath.	4.10	0	A
D	10	Christopher Mensah	Enfield & Har.	3.63	4	A
H	11	Oscar Poole	Ealing Eagles	3.07	2	A
	12				0	A

LJ		U14 Boy's Long Jump B				
JJ	1	Caspian Feild	Shaftesbury BH	4.77	10	B
BB	2	Silas Hansen	Harrow	4.46	9	B
293	3	Tiago Buerk	Thames Valley H	4.44	0	A
EE	4	Alex Edis	Highgate	4.10	8	B
GG	5	William Edwards	London Heath.	3.85	7	B
KK	6	Arthur Rhys	Thames Valley H	3.62	6	B
AA	7	Joseph Quinby	Barnet & D	3.60	5	B
215	8	Ari Talwar	London Heath.	3.53	0	A
164	9	Robert Mainwood	Highgate	3.03	0	A
290	10	Colm Ryan	Thames Valley H	2.83	0	A
289	11	Maxwell Lewis	Thames Valley H	2.71	0	A
	12				0	B
SP		U14 Boys' Shot Put				
B	1	Ryan Adhami	Harrow	10.39	20	A
BB	2	David Mirauta	Harrow	9.03	10	B
EE	3	Rufus Head	Highgate	8.34	18	A
C	4	Alexander Cheung	Ealing S&M	7.68	16	A
E	5	Max Sassa	Highgate	6.53	9	B
L	6	Israel Ijanboh	Track Academy	5.99	14	A
J	7	Aimon Petrencu	Shaftesbury BH	5.69	12	A
G	8	Jeremiah Emiloju	London Heath.	3.95	10	A
JT		U14 Boys' Javelin				
J	1	Caspian Feild	Shaftesbury BH	28.64	20	A
C	2	Alexander Cheung	Ealing S&M	22.66	18	A
E	3	Rufus Head	Highgate	21.80	16	A
G	4	Michael Schofield	London Heath.	19.61	14	A
A	5	Dev Khajuria	Barnet & D	15.88	12	A
B	6	Rocco Roberts	Harrow	15.16	10	A
K	7	Colm Ryan	Thames Valley H	14.76	8	A
GG	8	William Edwards	London Heath.	14.71	10	B
215	9	Ari Talwar	London Heath.	13.25	0	A
KK	10	Kilian Cavalleri	Thames Valley H	13.00	9	B
	11				0	
	12				0	
DT		U14 Boys Discus				
B	1	Ryan Adhami	Harrow	32.77	20	A
BB	2	Noah Nolan	Harrow	14.40	10	B
J	3	Aimon Petrencu	Shaftesbury BH	14.11	18	A
E	4	Max Sassa	Highgate	12.33	16	A
	5				0	
	6				0	
HT		U14 Boys' Hammer				
C	1	Alexander Cheung	Ealing S&M	13.31	20	A
	2				0	
	3				0	
	4				0	
4x100		U14 Boys' 4x100m				
J	1		Shaftesbury BH	50.63	30	
K	2		Thames Valley	55.11	27	
C	3		Ealing S&M	57.65	24	
E	4		Highgate	58.15	21	
G	5		London Heath.	58.42	18	
A	6		Barnet & D	62.56	15	
	7				12	
	8				9	

## MIDDLESEX YOUNG ATHLETES LEAGUE UNDER 16 MEN

Team	Score
A Barnet & D	81
B Harrow	93
C Ealing S&M	124
D Enfield & Har.	71
E Highgate	153
G London Heath.	297
H Ealing Eagles	30
J Shaftesbury BH	240
K Thames Valley	38
L Track Academy	44

Team				Performance	
100	142	<b>U16 Men A1 100m</b>	Wind speed =	-2.6 (Manual)	
J	1	Kaiden Simmonds	Shaftesbury BH	11.60	20 A
C	2	Sebastian Burbidge	Ealing S&M	11.65	18 A
E	3	Zephaniah Nwobodo	Highgate	12.72	10 A
A	4	Matias Gura	Barnet & D	12.75	8 A
224	5	Ethan Chai	London Heath.	13.18	0 A
220	6	Harry Howard	London Heath.	13.20	0 A
150	7	William Cleborne	Highgate	15.06	0 A
151	8	Judah Quinn	Highgate	16.48	0 A
100	143	<b>U16 Men A2 100m</b>	Wind speed =	-2.5	
B	1	Daniel Markham-Lee	Harrow	12.20	16 A
108	2	Elijah Nzayisenga	Enfield & Haringey	12.40	0
D	3	Jediah Dawson	Enfield & Har.	12.54	14 A
G	4	Zackariya Yahya	London Heath.	12.56	12 A
L	5	Romero Masella	Track Academy	13.24	6 A
59	6	Ethan Mascoll	Harrow	13.87	0
47	7	Samuel McDonald	Harrow	14.53	0
48	8	Zayn Tang	Harrow	14.80	0
100	144	<b>U16 Men B1 100m</b>	Wind speed =	-2.7	
JJ	1	Louie Xun	Shaftesbury BH	12.12	9 B
CC	2	Jagat Singh	Ealing S&M	12.30	8 B
EE	3	Idriss Mariche	Highgate	12.43	6 B
274	4	Ollie Shawyer	Shaftesbury BH	12.54	0
65	5	Kymani Dunn	Ealing S&M	12.78	0
222	6	Roman Callander-Brade	London Heath.	12.83	0
66	7	Kaden Noel	Ealing S&M	13.18	0
	8				0
100	145	<b>U16 Men B2 100m</b>	Wind speed =	-0.8	
BB	1	Alfred Oppong	Harrow	11.97	10 B
61	2	0 Harrow	Harrow	12.06	0
106	3	Chibuzor Madu	Enfield & Haringey	12.20	0
GG	4	Balazs Dardai	London Heath.	12.38	7 B
DD	5	Jayden Oughton	Enfield & Har.	12.70	5 B
67	6	Charles Nyamrunda	Ealing S&M	12.89	0
168	7	Jesse Ryan Fairfort	Highgate	13.50	0
	8				0

300	157	<b>U16 Men A1 300m</b>		Wind speed =		
G	1	Gabriel Edwards	London Heath.	38.74	17	A
258	2	Eddie Pascal	Shaftesbury BH	39.18	0	A
H	3	Toby Jones	Ealing Eagles	41.89	13	A
C	4	Jack Jones	Ealing S&M	43.31	9	A
L	5	Romero Masella	Track Academy	44.32	4	A
	6				0	
	7				0	
	8				0	
300	158	<b>U16 Men A2 300m</b>		Wind speed =		
J	1	Ben Bamisaiye	Shaftesbury BH	38.26	22	A
D	2	Jayden Oughton	Enfield & Har.	41.45	17	A
E	3	Jack Cobbold	Highgate	42.10	13	A
GG	4	Halo Agyemang	London Heath.	43.08	7	B
A	5	Sebastian Cayer	Barnet & D	43.41	9	A
B	6	Cem Brown	Harrow	43.70	8	A
	7				0	
	8				0	
300	159	<b>U16 Men B1 300m</b>		Wind speed =		
JJ	1	Louie Xun	Shaftesbury BH	37.54	10	B
BB	2	Oliver Majewski	Harrow	38.57	9	B
AA	3	Antoni Soszynski	Barnet & D	40.28	8	B
226	4	Kenzy Frederico	London Heath.	42.07	0	
224	5	Ethan Chai	London Heath.	43.39	0	
EE	6	William Cleborne	Highgate	50.24	6	B
	7				0	
	8				0	
1500	153	<b>U16 Men A 1500m</b>				
G	1	Alex Kirk	London Heath.	4:26.40	20	A
J	2	Ben Davies	Shaftesbury BH	4:30.05	18	A
C	3	Marcus Muers	Ealing S&M	4:30.71	16	A
D	4	Amor Zayana	Enfield & Har.	4:38.39	14	A
A	5	Antoni Soszynski	Barnet & D	4:38.91	12	A
B	6	Cem Brown	Harrow	4:40.79	10	A
H	7	Toby Jones	Ealing Eagles	4:47.49	8	A
49	8	Milo Devlin	Harrow	4:59.78	0	A
150	9	William Cleborne	Highgate	5:43.60	0	A
L	10	Amin Aill	Track Academy	7:32.50	6	A
	11				0	
	12				0	
1500	154	<b>U16 Men B 1500m</b>				
EE	1	Jack Cobbold	Highgate	4:32.72	10	
JJ	2	Roan Parkes	Shaftesbury BH	4:36.83	9	
CC	3	Owen Stubbins	Ealing S&M	4:37.83	8	
GG	4	George Griffiths	London Heath.	4:45.93	7	
AA	5	Azat Atligil	Barnet & D	4:47.68	6	
275	6	Thomas Fellows	Shaftesbury BH	4:48.73	0	
1	7	Sebastian Cayer	Barnet & D	4:50.26	0	
68	8	Harry Martin	Ealing S&M	4:53.70	0	
50	9	Alexander Williams	Harrow	4:54.19	0	
BB	10	Eliyaan Jamal	Harrow	4:56.02	5	
244	11	George Cooke	Shaftesbury BH	5:16.01	0	
229	12	Sebastian Wasserberg	London Heath.	5:26.68	0	
100H	114	<b>U16 Men AB 100H</b>		Wind speed =	-0.6	
G	1	Gabriel Edwards	London Heath.	14.21	20	A
J	2	Krish Ramadhin	Shaftesbury BH	15.73	18	A
GG	3	Zackariya Yahya	London Heath.	15.89	10	B
	4				0	
	5				0	
	6				0	
	7				0	

	8				0
HJ	<b>U16 Men High Jump</b>				
E	1	Zephaniah Nwobodo	Highgate	1.65	20 A
G	2	Kenzy Frederico	London Heath.	1.50	18 A
J	3	Roan Parkes	Shaftesbury BH	1.45	16 A
GG	4	Roman Callander-Brade	London Heath.	1.25	10 B
	5				0
	6				0
LJ	<b>U16 Men Long Jump</b>				
G	1	Gabriel Edwards	London Heath.	5.78	20 A
E	2	Zephaniah Nwobodo	Highgate	5.71	18 A
221	3	Balazs Dardai	London Heath.	5.70	0 A
B	4	Daniel Markham-Lee	Harrow	5.62	16 A
274	5	Ollie Shawyer	Shaftesbury BH	5.60	0 A
J	6	Ben Bamisaiye	Shaftesbury BH	5.52	14 A
GG	7	Zackariya Yahya	London Heath.	5.50	10 B
C	8	Sebastian Burbidge	Ealing S&M	5.35	12 A
CC	9	Jagat Singh	Ealing S&M	5.30	9 B
JJ	10	Krish Ramadhin	Shaftesbury BH	5.26	8 B
66	11	Kaden Noel	Ealing S&M	4.93	0 A
67	12	Charles Nyamrunda	Ealing S&M	4.46	0 A
BB	13	Noah Conway	Harrow	4.38	7 B
	14				0
	15				0
SP	<b>U16 Men Shot Put</b>				
G	1	Leonard Hewings	London Heath.	10.36	20 A
J	2	Jonny Evans	Shaftesbury BH	10.14	18 A
JJ	3	Louie Xun	Shaftesbury BH	9.57	10 B
E	4	Jesse Ryan Fairfort	Highgate	8.28	16 A
L	5	Romero Masella	Track Academy	8.19	14 A
GG	6	Ziggy Ellis	London Heath.	8.12	9 B
CC	7	Charles Nyamrunda	Ealing S&M	7.23	12 A
C	8	Kaden Noel	Ealing S&M	6.13	8 B
K	9	Kai Harding	Thames Valley H	5.58	10 A
	10				0
JT	<b>U16 Men Javelin</b>				
294	1	Ken Cristian Shindate	Thames Valley H	34.95	0 A
A	2	Sebastian Cayer	Barnet & D	34.33	20 A
K	3	Vincent Neal	Thames Valley H	33.22	18 A
KK	4	Kai Harding	Thames Valley H	32.21	10 B
G	5	Sam Scarfo	London Heath.	31.25	16 A
E	6	Idriss Mariche	Highgate	25.17	14 A
GG	7	Ethan Chai	London Heath.	13.54	9 B
	8				0

DT		<b>U16 Men Discus</b>			
J	1	Jonny Evans	Shaftesbury BH	29.34	20 A
GG	2	Ziggy Ellis	London Heath.	24.84	18 A
E	3	Jesse Ryan Fairfort	Highgate	18.61	16 A
G	4	Leonard Hewings	London Heath.	18.49	10 B
EE	5	Idriss Mariche	Highgate	16.16	9 B
L	6	Shoaib Farhadi	Track Academy	11.71	14 A
HT		<b>U16 Men Hammer</b>			
G	1	Leonard Hewings	London Heath.	42.09	20 A
J	2	Jonny Evans	Shaftesbury BH	37.08	18 A
GG	3	Ziggy Ellis	London Heath.	25.54	10 B
	4				0
	5				0
	6				0
4x100	165	<b>U16 Men 4x100m</b>			
J	1		Shaftesbury BH	45.91	30
G	2		London Heath.	46.66	27
C	3		Ealing S&M	47.31	24
D	4		Enfield & Har.	47.56	21
A	5		Barnet & D	52.19	18
E	6		Highgate	52.87	15
B	7		Harrow	55.56	12
H	8		Ealing Eagles	61.54	9

## MIDDLESEX YOUNG ATHLETES LEAGUE - Non-Scoring

### TRACK

75	119	<b>Under 12 Girls 75 metres</b>		Wind speed = -2.5
251	1	Anaya Collins	Shaftesbury BH	10.82
249	2	Nayah Bobb Semple	Shaftesbury BH	11.80
144	3	Florence Maile	Highgate	12.47
95	4	Sofia Hamid	Ealing S&M	12.78
11	5	Angelina Affum	Harrow	12.94
	6			
	7			
	8			

75	124	<b>Under 12 Boys 75 metres</b>		Wind speed = -1.4
252	1	Shaayun Ranmal	Shaftesbury BH	11.18
88	2	Mateo Castro-Roman	Ealing S&M	11.26
299	3	Reece Beswick	Track Academy	11.41
232	4	Leo Kingsley Smith	Shaftesbury BH	11.42
140	5	Anton Florian	Highgate	12.48
32	6	Abbas Kessani	Harrow	12.92
26	7	Justin Holmes	Harrow	12.94
91	8	Jaskaran Singh	Ealing S&M	14.00

75	125	<b>Under 14 Boys 75 metres</b>		Wind speed = -1.9
37	1	Nikhil Nandakumar	Harrow	11.95
139	2	Alex Rothwell	Highgate	12.25
136	3	Jack Van Clarke	Highgate	12.26
33	4	Orlando Roberts	Harrow	12.30
137	5	Max Shavick	Highgate	12.30
29	6	Aryan Talpeanu	Harrow	12.45
30	7	Nathaniel Noel	Harrow	12.87
138	8	Arsényiy Kosagovskiy	Highgate	14.36

100	130	<b>Under 14 Girls 100 metres</b>		Wind speed = -0.8
14	1	Olivia Lamoureux	Harrow	13.44
189	2	Olaoluwa Emiloju	London Heath.	13.68
133	3	Laila Raniwala	Enfield & Haringey	14.55
184	4	Eimer Walls	London Heath.	14.88
286	5	Anjola Oduleye	Thames Valley H	15.14
2	6	0	Track Academy	15.22
	7			
	8			

100	131	<b>Under 14 Girls 100 metres</b>	Wind speed =	-0.7
235	1	Georgina Warmate	Shaftesbury BH	14.14
10	2	Bae Cumberbatch Haley	Barnet & D	14.48
82	3	Sarah Cisse	Ealing S&M	14.86
167	4	Ayla Campolucci-Bordi	Highgate	15.68
86	5	Zeiyah Alfred-Sinclair	Ealing S&M	16.22
297	6	Brenda Udiy	Track Academy	16.71
	7			
	8			

100	132	<b>Under 14 Boys 100 metres</b>	Wind speed =	-2.0
267	1	Kaia Vaughan	Shaftesbury BH	14.02
83	2	Ava Joseph	Ealing S&M	14.22
287	3	Kira Tan	Thames Valley H	14.36
250	4	Ella Appiah Spick	Shaftesbury BH	14.58
288	5	Wynsome West	Thames Valley H	15.63
298	6	Amelia Koudri	Track Academy	15.72
	7			
	8			

100	136	<b>Under 14 Boys 100 metres</b>	Wind speed =	-2.0
343	1	Dominic Ainsworth	Queens Park	12.54
38	2	David Mirauta	Harrow	13.32
239	3	Michael Obiwulu	Shaftesbury BH	13.71
161	4	Louis Thoreton	Highgate	14.42
248	5	Prince Moses John	Shaftesbury BH	15.10
40	6	George Scutaru	Harrow	15.76
80	7	Agampreet Singh	Ealing S&M	17.02
	8			

100	140	<b>Under 16 Women 100 metres</b>	Wind speed =	-2.0
113	1	Sharaya Small	Enfield & Haringey	13.59
69	2	Tegan-Jae Williams	Ealing S&M	13.71
268	3	Anashe Mapanzure	Shaftesbury BH	14.13
53	4	Katherine Strusevich	Harrow	14.36
51	5	Meera Nandakumar	Harrow	14.63
134	6	Stephanie Berko	Enfield & Haringey	14.73
71	7	Mariella Hogg	Ealing S&M	16.21
	8			

100	141	<b>Under 16 Women 100 metres</b>	Wind Speed=	-1.3
112	1	Taveah Gyamfi	Enfield & Haringey	13.13
70	2	Takairah Oliviere	Ealing S&M	13.94
262	3	Lexi Mai	Shaftesbury BH	14.57
42	4	Roberta Irabor	Harrow	14.78
72	5	Felicity Williams	Ealing S&M	14.88
256	6	Savannah Archibong	Shaftesbury BH	15.21
	7			
	8			

<b>300</b>	<b>160</b>	<b>Under 16 Women 300 metres</b>	Wind speed =	
201	1	Amara Charles	London Heath.	44.47
199	2	Thea Stewart	London Heath.	46.23
202	3	Lara Booth	London Heath.	47.01
198	4	Amai Manship-Ademosu	London Heath.	47.10
195	5	Louise Baird	London Heath.	50.41
	6			
	7			
	8			
	9			
	10			
	11			
	12			

<b>4x100</b>	<b>162</b>	<b>Under 14 Girls 4x100 metres</b>	Wind speed =	
JJ	1		Shaftesbury BH	57.34
BB	2		Harrow	1:02.05
	3			
	4			
	5			
	6			
	7			
	8			
	9			
	10			
	11			
	12			

		<b>#N/A</b>	Wind speed =	
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			

		<b>#N/A</b>	Wind speed =	
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			