

## Middlesex YA League 2023 Briefing Notes

Welcome to the sixth Season of the Middlesex Young Athletes League.

We set out below a few notes to assist in the preparation for this year's Middlesex Young Athletes League.

### Fixture List

Sunday 7<sup>th</sup> May - Perivale

Sunday 4<sup>th</sup> June - Harrow

Saturday 24<sup>th</sup> June - Finsbury Park

Saturday 22<sup>nd</sup> July - StoneX

All the matches will start at 11:30am both on the track and in the field. We aim to finish all events by 5:00pm. Events for the Under 11 & 13 age groups will finish by 3:30pm.

### Clubs

The clubs will be allocated the following vest letters for the season:

Club	Vest Letter
Barnet & District	A
Ealing Eagles	N
Ealing S&M	C
Enfield & Haringey	D
Harrow	B
Highgate	E
London Heathside	G
Serpentine	L
Shaftesbury Barnet H	J
Thames Valley H	K

### Timetable

The timetables for the matches are at <https://www.myal.org.uk/timetable.html>.

### Officials Duties

The host club will provide the Chief Timekeeper, Field Referee, and Track Referee. The league will provide the Starter/ Marksman team. The host club will provide Walkie talkie or similar communication, this essential to ensure smooth communications between the Starter's team and the PF team.

The rules state that visiting clubs shall "Provide 6 officials including one team of 4 Field Judges, 1 Track Judge, and 1 Timekeeper to aid the smooth running of the event. The Timekeeper and at least 1 Field Judge must be qualified."

Every match will have five field teams scheduled each covering four events. In order to ensure all events are properly covered, officials and helpers will be included on each club's Googlesheet declaration. This will allow the balancing of resources across the teams.

## Track Seeding

There are nine scoring clubs in the league this year. For sprints that will mean that there will usually be one A race and one B race. Occasionally there will be two A races and two B races with the remaining lanes filled with non-scorers.

Where there are two A or B races the points will be based on time. We will be having photo-finish at all matches.

Non-scorers will be allocated places in scoring races if there are gaps. If not they will run in separate non-scoring races.

## Team Managers Notes

Team Declaration Sheets are to be completed on the **Googlesheets** declaration form by midday on Friday. These declarations should include all likely non-scorers. The declarations will be used to do the lane draw for the match.

Athletes are allowed to compete in **THREE** events, plus a relay in any one match.

Non scoring athletes will be permitted into all events. In field events, clubs are restricted to **two** non-scoring athletes per club per event per age group. In track events the number of non-scorers shall be limited to **five** per club per event per age group. Referees may restrict the numbers of athletes in any or all events according to the specific needs of the day.

Team Managers are reminded that “Athletes may only compete in individual events in **one age group** per match. Athletes may compete in one Relay at each match which can be in an older age group.”. **Note that under this rule athletes may compete in the next age group up for all their individual events and then revert to their normal age group for the relays.**

The results will be sent to the Team Managers as soon as is practicable after the match. Corrections to declarations will be possible by clubs updating their Googlesheet declaration up until Thursday.

## Transport/Parking

For all venues public transport is preferred.

Perivale has limited parking at the venue and on the streets nearby. Please ensure you allow enough time to park or drop the athlete off before finding somewhere to park your car.

Harrow has limited parking nearby, Public Transport is the best means of access.

Currently there is no parking within Finsbury Park (we have requested they allow some for the duration of the meeting), the streets immediately around the park have restricted parking on Saturdays. Please consider using public transport or allow yourselves enough time to find a parking space and walk to the track.

## Live Results

We will try and make track results available on-line during the match, if not they will be posted at the track. Field results will be posted at the track

We wish you the best success in your event.